

Edmonton Junior Oilers U18 AAA

VIRTUAL OPEN HOUSE

(Orange/Blue and White)

2024-25 season



Hockey Edmonton Elite Hockey Structure (2024-25)

U18 AAA			
TEAMS	2 MALE		1 FEMALE


U18 AA					
TEAMS	1	1	1	1	1

U17 AAA					
TEAMS	1	1	1	1	

U16 AA					
TEAMS	1	1	1	1	

U15 AAA					
TEAMS	1	1	1	1	

U15 AA					
TEAMS	2	2	2	2	2

U13 AA					
TEAMS	2	2	2	2	2

Three team Model & OEG Partnership

- Starting the 2022-23 season, Hockey Edmonton and Edmonton Oilers unveiled a pinnacle stream program that revolutionized elite hockey (U18 AAA) development in Edmonton. This will be the 'Cadillac brand' of hockey in Edmonton that all players will feel extreme pride to earn a position with.
- In a partnership the first of its kind in Canada, the Junior Oilers program is supported with access to world-class *NHL resources, opportunities, experiences, scholarships, and relationships.*
- This program has been developed and maintained by local hockey development experts, using feedback from athletes, families, and Athletic Clubs. The Edmonton Junior Oilers program will aim to:
 - Support the developmental demands and expectations of the Hockey Edmonton membership.
 - Increase team performance.
 - Increase player promotion.
 - Adhere to Hockey Canada's high-performance pathway expectations.
 - Compete with alternative programs (CSSHL, JPHL, HSL, etc.).



Junior Oilers Program Goals/Vision

To become the most nationally acknowledged U18 AAA Hockey Program in Canada:

- Develop life skills through sport.
- Respectfully challenge each athlete physically, mentally, tactically.
- Celebrate others' differences and successes.
- Promote athletes to the next level of play.
- Prepare athletes for the next level of play.
- Develop a program-first and team-first atmosphere.
- Promote/support excellence in academics.
- Support Coach Development & Promotion.
- Compete for Provincial and National championships annually.
- Develop a lifelong network of friends through Edmonton Junior Oilers Alumni program.



Junior Oilers Staff

- **Coaching Staff:** [CLICK HERE](#)
 - **HEAD COACH:** Lee Zalasky (Team Orange).
 - **HEAD COACH:** Nathan Papirny (Team Blue).
 - **HEAD COACH:** Joel Lenius (Team White).
 - Assistant Coaches.
 - Development Staff (Player and Goalie).
 - Mentorship Staff.
- **Hockey Operations Staff:** [CLICK HERE](#)
 - Hockey Development Committee.
 - Program Staff.
 - Physical Performance Staff (Medical, Trainers, etc.).
 - Broadcast Staff.



Program Logistics

- All three teams will be located exclusively out of **Bill Hunter Arena** for practices, video sessions, meeting sessions, and home games. Teams will have a *consistent weekly development schedule from mid-September to the end of March*. Signage and advertisements will also be incorporated in the arena to make the facility feel like our home.
- **Home Arena: Bill Hunter Arena** (9200 163 St NW, Edmonton, AB T5R 0A7).
- **Workout Facility: RVX Performance** (16933 111 Ave NW, Edmonton, AB T5M 2S4).
- A consistent weekly development schedule is provided from mid-September to the end of March.
 - **AEHL U18 AAA (38 games): [CLICK HERE](#)**
 - League Showcase event (October 2024) – Edmonton, AB.
 - **AFHL U18 AAA (28 games): [CLICK HERE](#)**
 - League Showcase event (TBD).



Bi-Weekly Schedule

Exact dates and times are still TBD for the 2024-25 season, however over a *two-week period* each **Junior Oilers team** shall receive the following:

1. **TWO** Goalie Skill Development Sessions.
2. **TWO** Player Skill Development Sessions.
3. **FOUR** Team practices.
4. **THREE** Team workouts.
5. **ONE** Sports Psychology Session.
6. **TWO** Team Video Review Sessions.

All practices are scheduled between 5:30-8:00pm (No practice will start after 8:30pm).

Workouts/Video Review sessions are scheduled on practice days to limit travel.



Program Inclusions

- CCM Equipment (helmet, gloves, pant shells, bag included).
- Lululemon/CCM Apparel.
- Play-by-play announcers (all games in 2024-25 season).
- **ONE** AEHL U18 AAA league game (Blue vs. Orange) at Rogers Place.
- **ONE** AFHL U18 AAA league game (White) at Rogers Place.
- **ONE** Edmonton Oilers dressing room/facility tour.
- All travel, meals, and hospitality in travel road games.
- All league games will be live streamed on **FloHockey** and play-by-play announcers will be utilized.
- All players will receive individual access to **Hudl/InStat**.
- Athletic Club Appreciation Night (Blue/Orange).
- Community service and partnership events.
- Be The Voice sessions; Sports Psychology; Athletic Trainers; Medical/Return to Play support, etc.
- Academic tutor support program (Monday's).
- Team assigned Athletic Therapists (practices and games).



Development Program

- All teams will follow the U18 AAA Development Program framework, as approved for the 2018-19 season.

- A full season schedule, outline of service providers, and team budget will be accessible to players/families at the start of the season.

- **PILLARS:** Physical, Mental, Technical, Life Skills.

U18 AAA Hockey Program

PHYSICAL

- (2) Player/Parent Nutrition, Hydration, Sleep, Workout Information Sessions.
- (20) Team Workout Sessions (1 per week) – at arena or at centralized selected gym (recommended in conjunction with Technical Skill Development Sessions).
 - Club Code of Conduct and Health Protocols – Athletic Club responsibility.
 - Outlined Medical Process & Return to Play Guidelines – Athletic Club responsibility.
 - Hockey Canada Medical Forms completed – Athletic Club responsibility.
 - Emergency Action Plans – Athletic Club/Coaching Staff responsibility.
 - **FULL-TIME** Athletic Therapist (all events) – Athletic Club responsibility.

MENTAL

- (6) Mental Development Sessions (October, November, December, January, February, March recommended):
 - Team First, Goal Setting, Preparation, Simulation/Imagery, Overcoming Adversity, Focus.
- Hone Athletics App access (or equivalent): <https://honeathletics.com/>
- Access to Sports Psychologist (individual need basis).

TECHNICAL

- **FAIR PLAY model (with some exemptions)** – Athletic Club/Coaching Staff responsibility.
- (20) (1-hour) Individual/Team Tactic, Position Specific Sessions (1 per week) – ice provided by Hockey Edmonton.
- (20) (1-hour) Technical Skill Development Sessions – **Players only** (1 per week) – ice provided by Hockey Edmonton.
- (20) (1-hour) Technical Skill Development Sessions – **Goalies only** (1 per week) – ice provided by Hockey Edmonton.
- (20) (1-hour) Team Systems Practices (1 per week) – ice provided by Hockey Edmonton.
- (30) Game Regular Season games (additional Exhibition/Playoffs games).
 - **Male AEHL** website: <https://www.u18aaa.ca/>
 - **Female AFHL** website: <https://www.u18femaleaaa.ca/>
- (4) Tournaments – Maximum.
- (18) Team Video Review Sessions (3 per month) – at arena/online (recommended in conjunction with Individual Tactic/Team Tactic/Position Specific Sessions/Team Systems Practice) – Coaching Staff responsibility.
- Technical Package – Athletic Club/Coaching Staff responsibility.
- Season Plan – Coaching Staff responsibility.

LIFE SKILLS

- (2) WHL/AJHL/NCAA/U Sports Information Sessions – Coaching Staff responsibility.
- (2) Team Identity/Vision/Rules Session (October and January) – Coaching Staff responsibility.
- (2) Parent Information Sessions (October and January) – Coaching Staff responsibility.
- (2) Individual Player Development/Progress Sessions & Reports (October and January) – Coaching Staff responsibility.
- Continuous Team Building Events (i.e. Bowling, Escape Room, Soccer, Volleyball, etc.) – Coaching Staff responsibility.
- Continuous Community Service Events (Coaching, Food Bank, Shelter, The First Shift, etc.) – Coaching Staff responsibility.

OTHER

- Team Scouting/Promotion support/resources – Coaching Staff responsibility.
- Team Selection Criteria Outlined – Athletic Club/Coaching Staff responsibility.
- Elite Coach Education Policy compliance – Coaching Staff responsibility.
- Coach Mentorship Program compliance – Coaching Staff responsibility.
- Team Apparel & Team Equipment – Athletic Club responsibility.
- Team Snap accounts (or equivalent).

Team Formation (Blue/Orange - AEHL)

- Spring ID Camps will be utilized to evaluate players in addition to scouting, coach references and video reviews from past season.
- Returning Junior Oilers players will declare their desire to earn a position on the same team or return to the team draft for next season.
- *All returning Junior Oilers players (declared or non) must earn a position in subsequent seasons.*
- As per AEHL U18 AAA bylaws and policies, **SIX** players (maximum) can be “signed/committed” to before **June 20** each season.
- **Tryouts begin end of August/early September.**



Team Formation (White -AFHL)

- **This is a recruitment-based program, much like NCAA, U Sports, ACAC programs.**
- Spring ID Camps will be utilized to evaluate players in addition to scouting, coach references, and video reviews from past seasons.
- **AFHL U18 AAA Regulations (April 15, 2024):**
 - Up to **SIX** players can be “signed” before **August 15** each season.
 - No more than **SEVEN** first year (15-year-old) players can be selected on each AFHL U18 AAA team.
 - All returning players (declared or non) must earn a position in subsequent seasons.
 - **AFHL:** Players who have completed one year or more U18 Female AAA must declare by May 30 that they wish to return to their current team. Associations are responsible for the formal commitment process. After May 30, players who have not formally recommitted to the team, will be considered eligible to move to another U18 AAA team.
 - **AFHL:** U18 AAA must invite a minimum of 25 athletes (no maximum) to Fall Tryouts. Any athlete who receives a U18 AAA Fall Camp Tryout has seven days within receipt of the invitation to inform the team of their intention to attend (or not attend) the tryout. Associations are responsible for management and acceptance of invitations. Teams are permitted to add players to the invitation/tryout list at any point during the tryout process, this includes second tryout skates.
 - **Tryouts begin: end of August/early September.**



Team Fees/Registration 1

- **Contact:** Edmonton Junior Oilers, Program Registrar: **Melissa Heayn**
U18AAARegistrar@hockeyedmonton.ca
- The Program Registrar will send the registration and fee collection instructions/schedule via email. Financial Support options will also be included in this communication.
 - Seasonal fees:
 - **TEAM WHITE:** \$13,000.00
 - **TEAM BLUE/ORANGE:** \$9,600.00
- Fees can be paid in full or in a three installments.
- If you require an alternative payment plan/arrangements, please only contact Edmonton Junior Oilers, Program Registrar: **Melissa Heayn**

ID Camp Registration and Tryout Registration opened May 1: [CLICK HERE](#)

Team Fees/Registration 2

Notes:

- A line-item budget will be presented to all families on **November 1, 2023**.
- This budget must be kept confidential within the team/club.
- Team White has a different budget than Team's Blue/Orange due to increased travel expenses (league and tournament).
- **No cash calls will be executed outside of fees listed previously, unless required for provincial/Pacific/National tournaments. No fees will be returned to families at the end of season.**
- All grants, sponsorships, excess fees, excess funding (Showcase revenue) are put directly back into the team budget.
- **Circle K Tournament (Calgary, AB):** this tournament is and invite only (per team) and would require an additional tournament fee of **\$1,750** per player.
 - A team vote (to attend) would be executed to ensure transparency and fairness for families (70% of families must vote in favor).

SPRING ID CAMPS (2024)

TEAM WHITE:

- May 25, 2024. | Castledowns Arena.
 - **\$120 per camp.**
 - Must be Alberta resident.

TEAM BLUE/ORANGE:

- May 25, 2024. | Castledowns Arena.
- June 8, 2024. | Millwoods Arena.
- June 22, 2024. | Callingwood Arena.
 - **\$120 per camp.**
 - Must be and Edmonton resident.

ID Camp Registration and Tryout Registration opened May 1: [CLICK HERE](#)



THANK YOU!

Please direct all questions to:

U18AAARegistrar@hockeyedmonton.ca

Or visit our website:

<https://www.junioroilers.ca/>

